

**BTS ECONOMIE SOCIALE FAMILIALE**  
**EXPRESSION ORALE EN CONTINU ET EN INTERACTION EN LANGUE ANGLAISE**  
**SESSION 2018**



'IT'S AFFORDABLE IF  
YOU'RE RICH...'

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## **New affordable housing project goes ahead in New Westminister**

*By Michelle Morton and Simon Little*



A new affordable housing project is coming to the city of New Westminister.

The five-townhouse development is slated to\* be built in the Queensborough neighbourhood, and will be targeted towards single women and children facing housing challenges.

The project, to be located at 630 Ewen Ave., will be owned and managed by non-profit group Women in Need Gaining Strength (WINGS) and is being constructed with capital support from with BC Housing. WINGS also operates a pair of first stage transition houses and one second stage transition house in the Lower Mainland for women fleeing violence and domestic abuse, along with counselling services.

“Affordable housing has become such a critical issue in the city of New Westminister and the Metro Vancouver region,” said New Westminister Mayor Jonathan Cote.

“Although this project in isolation is not going to solve all of our affordable housing problems, I think it’s projects like these that can all contribute to helping a very difficult and challenging situation.”

Cote said the city is contributing a piece of unused city-owned land, which was rezoned for the purpose last summer.

“The reality is there are many, many folks in our communities that have just been left out in today’s housing market and I think all levels of government have to do what they can to provide more support and make sure that people can afford to live in our region.”

<https://globalnews.ca/news/4124632/new-westminister-affordable-housing/>

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slated to : planned to

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<b>Transferable Social Work Skills</b>	
<b>Hard Skills</b>	vs. <i>Soft Skills</i>
Workload Management Interviewing Skills Advocacy Relationship Building Technology Skills Leadership and Management Programmatic Skills	Listening Skills Communication Teamwork Self-awareness Emotional Intelligence Problem Solving Organizational Skills

**Social workers play key role in community development**

*Article by Katrina King Published on April 7, 2018*



Social workers in densely populated communities such as Haynesville, St James have a key role in community development.

This was highlighted during a pilot project conducted by the UWI's Department of Government, Sociology and Social Work, where three social work interns, were placed in the Haynesville community for a nine-month period.

One of the interns, Adona Bradshaw, told Barbados Today that based on the results of the project, it was evident that social workers were needed within the community to counsel, guide and help residents find solutions.

She disclosed\* that although various social services are offered, residents remain unaware and uneducated, hence the need for social workers at the grassroots level to keep the community informed.

“All these different things are there but somehow people hardly leave their environs to go and find help, so it is always good to have help on the ground,” Bradshaw said.

“I see a place for non-governmental organizations [and] social workers to come together and get into communities and really help people because they really need help.”

Bradshaw and her colleagues Tanya Lewis and Stephanie Burgess provided stress management and communication programmes for the residents.

<http://barbadostoday.bb/2018/04/07/social-workers-play-key-role-in-community-development/>

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(to) disclose : (to) reveal

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Caption : Stop criminalizing homelessness

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## PLAN IN THE WORKS FOR OROVILLE HOMELESS TRANSITION HOUSE



*Posted: Mar. 20, 2018 • Posted By: Laura Eng*

Oroville, Calif. -- Potential plans to build a transitional house for the homeless has sparked\* a disagreement between two parties: a group of Oroville residents and the non-profit looking to build the house.

"I don't want 28 to 58 people walking without cars, on foot, walking up and down on the street. They're going to add to the problem that already exists," said Michael Lee Edwards, an Oroville resident.

The application is for a large residential care facility, Base Camp Village, Inc., a transitional house for the homeless.

"You talk to anyone on these streets, I've been on this street and Middlehoff and I haven't run into anyone who is in favor," said Edwards.

"Right here, we got a school, kids walk up and down the streets here. I would be seriously afraid for my kids walking up and down here," said Ed Morrow, another Oroville resident.

Attorney and Director of the proposed transitional house, Ron Reed, said he understands the concerns.

"I fully understand, I'm also concerned about crime, about homeless people camping out, living on the parks," said Reed.

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### Article Comments

**Sharmayne Cox** : This is an awesome idea. This can help to assist the people who are homeless that truly want to be reunited with family, work etc. People act like the homeless are ALL bad people! But they are NOT! Stop fearing the homeless.

<http://www.actionnewsnow.com/content/news/477463223.html>


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(to) spark : (to) cause

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### SESSION 2018

<b>SAMSUNG</b>	Specifications	
	Energy & Performance	Energy Star® Certified - 265 Kwh/year
	Wash System	Total Numer of Cycles : 4
	Features	Child Lock Button
		Accidental Overflow & Leakage Sensor
		Quiet operation – 48 dBA*
	Warranty	5 Years

### Dishwasher vs. hand-washing: What saves more water?

By Alina Bradford — CNET — March 7, 2017



It may be hard to believe, but a big electricity-using dishwasher is a greener choice than hand washing your dishes, if it is a newer model and you're washing full loads. So put away the sponge and take a look at these mind-blowing facts.

#### How much water does a dishwasher use?

This may appear impossible since it seems like dishwashers are constantly spraying water, but a newer one does use less water than hand washing. Getting them clean in the sink can use up to 27 gallons of water per load. An Energy Star certified dishwasher can use as little as 3 gallons per load (around 11 litres), according to the Natural Resources Defense Council. In fact, an Energy Star certified dishwasher can save almost 5,000 gallons of water per year.

#### How dishwashers save energy

This one may be even harder to believe than the water-saving fact, but it's true. Think about it. Your water heater needs to make hot water for you to wash dishes by hand. Most newer dishwashers have heaters inside that warm up water more efficiently than your water heater. Overall, if it is Energy Star certified, it can use less than half the energy of washing dishes by hand.

<https://www.cnet.com/how-to/how-much-water-do-dishwashers-use/>

leakage : fuite

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**Aging Japan: Robots may have role in future of elder care**

*Technology News — MARCH 27, 2018 — By Malcolm Foster*



TOKYO (Reuters) - Paro the furry seal\* cries softly while an elderly woman pets it. Pepper, a humanoid, waves while leading a group of senior citizens in exercises. The upright Tree guides a disabled man taking shaky steps, saying in a gentle feminine voice, “right, left, well done!”

Robots have the run of Tokyo’s Shin-tomi nursing home, which uses 20 different models to care for its residents. The Japanese government hopes it will be a model for harnessing the country’s robotics expertise to help cope with a swelling\* elderly population and dwindling workforce.

Allowing robots to help care for the elderly - a job typically seen as requiring a human touch - may be a jarring idea in the West. But many Japanese see them positively, largely because they are depicted in popular media as friendly and helpful.

“These robots are wonderful,” said 84-year-old Kazuko Yamada after the exercise session with SoftBank Robotics Corp’s Pepper, which can carry on scripted dialogues. “More people live alone these days, and a robot can be a conversation partner for them. It will make life more fun.”

Plenty of obstacles may hinder a rapid proliferation of elder care robots: high costs, safety issues and doubts about how useful - and user-friendly - they will be.

The Japanese government has been funding development of elder care robots to help fill a projected shortfall\* of 380,000 specialized workers by 2025.

<https://www.reuters.com/article/us-japan-ageing-robots-widerimage/aging-japan-robots>

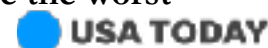
.....  
a seal : un phoque • (to) swell : grossir, gonfler • shortfall : déficit

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**Americans waste an astounding amount of food — and healthy eaters are the worst**

*Matthew Diebel, Published April 19, 2018*



You go to the supermarket, determined to lose weight and eat more healthful food. And those fruits and veggies look mighty tempting, piled high and colorfully, so you load up your cart.

But then real life sets in\*, you get too busy (or are too lazy) to prep them and you go to the drive-through. And much of your purchase stays in your fridge until you throw it out.

Yes, Americans waste an astounding 150,000 tons of food each day — about one pound\* per person — and it turns out that the biggest culprits\* are healthy eaters.

That's according to research released Tuesday by the USDA, the University of Vermont and the University of New Hampshire. The research also reveals that the wasted food uses about 30 million acres of land — about 7% of the American agricultural area — as well as 4.2 trillion gallons of irrigation water, 1.8 billion pounds of nitrogen-based fertilizer and 780 million pounds of pesticides.

Diet quality was assessed using the 2015 Healthy Eating Index, which is produced by the USDA's Center for Nutrition Policy and Promotion.

The study, published in the journal PLOS ONE, highlighted Americans' casual attitude to the waste of food, which is among the worst in the world, as well as attempts by some consumers to improve their diets.

<https://www.usatoday.com/story/news/health/2018/04/19/americans-waste-huge-quantity-food-healthy-eaters-worst>

(to) set in : prendre place • 1 pound = 453 grams • a culprit : un coupable, principal/-e responsable

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**The Border Mail**

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**Teenagers who get poor sleep are at increased risk of depression**

*Rochelle Kirkham — APRIL 26 2018*

A new report has linked sleep problems to poor mental health and adolescents may be most at risk.

Sleep Health Foundation research found the average teenager only gets between 6.5 and 7.5 hours of sleep a night, well under the recommended 8 to 10 hours.

The report, *Sleep and mental well being: exploring the links*, found rates of depression, anxiety and low self-esteem were higher among sleep-deprived teens.

Ballarat Health Services senior clinical psychologist Karyn Newnham said sleep was the building block to all mental health and was vital to getting the most out of life.

It is common sense. We all know how we feel after a good night's sleep, but sometimes we just forget to make it a priority, whether we are an adult or a teen.

The report revealed two thirds of teenagers reported at least one symptom of a sleep disorder, such as insomnia.

Sleep disturbances among adolescents can affect their ability to regulate emotions, with associations to suicidal thoughts and actions.

Caffeine, screen time and stress were found to be key problems keeping young people awake.

But there are behavioural changes that can help improve quality and length of sleep.

Teenagers who stopped using their phones one hour before bedtime gained one hour and 45 minutes extra sleep over a school week.

<https://www.bordermail.com.au/story/5366015/teenagers-who-get-poor-sleep-are-at-increased-risk-of-depression/>

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behavioural : comportemental

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**Organization serving people with disabilities through art celebrates 50 years**

*Sunday, April 29, 2018 — By Hosea Sanders and Marissa Isang*



CHICAGO — Esperanza Community Services in Chicago, which educates adults and children through arts, is going into its 50th year of serving those with developmental disabilities.

"Esperanza is a school for kids and adults that have disabilities and they can learn to read and write and become artists and draw pictures. It's a good school," said Edwin Mendez, who has participated in Esperanza's adult day program for ten and a half years.

The program gives Mendez an opportunity to learn and be creative.

"When I first came here I thought I would learn to read and write and nothing else but then one of my school teachers said I was creative and she introduced me to an art teacher," Mendez said.

"What's amazing about the art studio is we do a lot of exhibits and we have folks that are artists and identify as artists," said Joy Decker, Esperanza executive director. "They will curate\*, they will name the exhibits and be part of the selection process of what go into the exhibits. And it's just wonderful to see them in their exhibits."

Decker said the adult programs focus on life skills while the kids learn communication and behavioral skills.

"I think one of the things that is so great about our school is that we also help families and impact on families." Decker said.

<http://abc7chicago.com/education/organization-serving-people-with-disabilities-through-art-celebrates-50-years/3406056/>

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curate : organiser une exposition